

## **CAGE**

The CAGE questionnaire has been extensively validated for use in identifying alcoholism. It is considered a validated screening technique. CAGE stands for the four questions it asks:

CAGE

- C** -Have you ever felt you should cut down on your drinking?
- A** -Have people annoyed you by criticizing your drinking?
- G** -Have you ever felt bad or guilty about your drinking?
- E** -Eye opener: Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?

Two positive responses are considered a positive test and indicate further assessment is warranted.