CAGE

The CAGE questionnaire has been extensively validated for use in identifying alcoholism. It is considered a validated screening technique. CAGE stands for the four questions it asks:

C - Have you ever felt you should cut down on your drinking?
A - Have people annoyed you by criticizing your drinking?
G - Have you ever felt bad or guilty about your drinking?
E - Eye opener: Have you ever had a drink first thing in the morning to steady your nerves or to get rid of a hangover?

Two positive responses are considered a positive test and indicate further assessment is warranted.